

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Boneless Pork Roast
- 1.5 lb. Lean Ground Beef
- 1 lb. Chicken Breast Fajita
- 2 lb. Chicken Stir-Fry Skillet Meal (All-White Chicken, Lo Mein Noodles, Vegetables & Gourmet Teriyaki Sauce)
- 12 oz. Deli Sliced Ham
- 5 oz. Chunk Light Tuna in Water
- 25 oz. Pasta Sauce
- 1 lb. Pasta
- 1 lb. Frozen Sliced Carrots
- 12 ct. White Corn Tortillas
- 4 ct. Fresh Large Baking Potatoes
- 1 Fresh Fajita Veggie Kit (Tray Pack - 1 each — Red Bell Pepper, Green Bell Pepper, Jumbo Yellow Onion)
- 1 ct. Fresh Cello-Wrapped Celery
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

New Orleans Style Chicken over Savory Rice with Okra & Tomatoes and Diced Sweet Potatoes

Grilled Chicken Strips & Penne Pasta with Creamy Tomato Basil Sauce, Capri Blend Vegetables and Green Beans with Onions and Red Peppers

Beef & Bowtie Pasta with Herbed Tomato Sauce, Capri Blend Vegetables and Corn

Flame-Broiled Salisbury Steak with Brown Gravy, Sour Cream & Chive Potatoes and Mixed Vegetables

Cheesy Chicken and Broccoli Casserole with Rice, Green Beans and Squash Medley

Classic Chicken Tetrazzini with Diced Carrots and Green Peas

Country Fried Steak with Cream Gravy, Red Skin Whipped Potatoes and Mixed Vegetables

Spaghetti with Meatballs, Green Beans and Cinnamon Applesauce

Chicken Parmesan with Whipped Potatoes and Capri Blend Vegetables

Flame-Broiled Beef Patty with Onion Gravy, Sour Cream & Chive Potatoes and Capri Blend Vegetables

10 2-pack, individually-wrapped cookies

\$28.00

ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Coated Chicken Tenders
- 1 lb. Coated Breast Filet
- 1 lb. Coated Chicken Nuggets
- 1 lb. Coated Chicken Wings
- 1 lb. Coated Cubed Steak (Chicken Fried Steak)

Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breaded with white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$25.00

*****One or More Specials Available Only With the Purchase of Any of the Standard Boxes Above*****

JULY SPECIAL #1

\$23.00

7 lb. Assorted Meat Grill Box

- 2 lb. Ribeye Steaks (4 x 8 oz.)
- 2 lb. Country Style Pork Ribs (4 x 8 oz.)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1 lb. Bratwurst with Cheese

JULY SPECIAL #2

\$22.00

5 lb. Steak Combo

- 2.5 lb. Sirloin Strip Steaks (4 x 10 oz.)
- 2.5 lb. Bacon-Wrapped Beef Fillet (5 x 8 oz.)

JULY SPECIAL #3

\$20.00

4.5 lb. Gourmet Flavored Chicken Breast Fillets

The Best Tasting Chicken You'll Ever Eat!!

- 1.5 lb. Italian (4 x 6 oz.)
- 1.5 lb. Lemon Pepper (4 x 6 oz.)
- 1.5 lb. Honey Mustard (4 x 6 oz.)

JULY SPECIAL #4

\$21.00

3.75 lb. T-Bone Special

- 3.75 lb. T-Bone Steaks (5 x 12 oz.)

JULY SPECIAL #5

Fresh Fruit and Veggie Box

\$22.00

- 1 each Vine-Ripened Personal Red Seedless Watermelon
- 1 lb. Premium California Red Seedless Grapes
- 1.5 lb. Premium California Tree-Ripened Plums
- 1 each Premium Vine-Ripened Cantaloupe
- 3 lb. Premium Washington State Granny Smith Apples
- 3 each Premium Large Fancy Limes
- 4 ears Premium Super Sweet White Corn
- 1 head Premium California Iceberg Lettuce
- 3 lb. Premium Idaho Baking Potatoes
- 1 lb. Premium California Carrots
- 2 lb. Premium Large-Medium Yellow Onions
- 1 pkg. Premium Fresh Jumbo Garlic (5 ct.)
- AFM July 2009 Fruit and Veggie Recipe Sheet

JULY SPECIAL #6

"Latin Flavors" Fresh Fruit and Veggie Box

\$22.00

- 3 lb. California Premium Valencia Oranges
- 1 each California Premium Vine-Ripened Cantaloupe
- 1 each Premium Tree-Ripened Mango
- 6 each Premium Large Limes
- 4 ears Premium Super Sweet Yellow Corn
- 2 lb. Premium Large-Medium White Onions
- 1 head Premium California Iceberg Lettuce
- 1 lb. Premium California Carrots
- 1 lb. Premium Fresh Tomatillas
- 1 lb. Premium Fresh Jalapeño Peppers
- 1 lb. Premium Western-Grown Russet Baking Potatoes
- 1 Premium Yellow Corn Tortillas (30 ct.)
- 1 Premium Pinto Beans (12 oz. bag)
- AFM July 2009 Latin Flavors Recipe Sheet

Orders Due: **Sunday, July 12, 2009 (Online Ordering)**
Monday July 13, 2009 (On-site Ordering)

Distribution Day: **Saturday, July 18, 2009**

Visit our website to place your order online:

www.sside.org or
<http://www.angelfoodministries.com/host.asp?id=6730>

We Accept Food Stamps (EBT).

ANGEL FOOD MINISTRIES
(Southside Church of Christ)

NAME _____

PHONE _____

(Number Where You Can Be Reached on Day Of
Distribution)

LAST DAY TO PLACE ORDER:

Sunday July 12, 2009 (Online Ordering deadline)

Monday July 13, 2009 (On-Site Ordering Deadline)

DATE OF PICKUP:

Saturday, July 18, 2009

TIME OF PICKUP:

Between 8:00 am - 10:00 am

Pick-up location:

The Southside Church of Christ Multi-Purpose
Building located behind the Church building

Order Online at www.sside.org

www.angelfoodministries.com/host.asp?id=6730

_____ (Quantity)	REGULAR BOX	X \$ 30.00 = _____
_____ (Quantity)	SENIOR/CONVENIENCE BOX	X \$ 28.00 = _____
_____ (Quantity)	ALLERGEN-FREE BOX	X \$ 25.00 = _____
_____ (Quantity)	SPECIAL #1	X \$ 23.00 = _____
_____ (Quantity)	SPECIAL #2	X \$ 22.00 = _____
_____ (Quantity)	SPECIAL #3	X \$ 20.00 = _____
_____ (Quantity)	SPECIAL #4	X \$ 21.00 = _____
_____ (Quantity)	SPECIAL #5	X \$ 22.00 = _____
_____ (Quantity)	SPECIAL #6	X \$ 22.00 = _____
TOTAL \$ _____		
METHOD OF PAYMENT		
Food Stamps (EBT)	\$ _____	
Card #	_____	
CHECK/CASH	\$ _____	
Check #	_____	
MONEY ORDER	\$ _____	
There will be a \$25 returned check fee.		
Make checks or money orders payable to:		
Southside Church of Christ		

“One or More Specials Available Only with the Purchase of Any Box”

Mail your payment to: Southside Church of Christ, 800 Elmira Ave. Durham, NC 27707

NOTE: ORDERS NOT PICKED-UP BY 10:00AM WILL BE DONATED TO A NEEDY FAMILY!

NO REFUNDS – NO CREDIT FOR FOLLOWING MONTHS

LOCATION: Southside Church of Christ Multi-Purpose Building, 800 Elmira Ave. Durham, NC 27707

NOTE: You Must Bring A Large Box, Cooler or Laundry Basket To Pick Up Your Food. A separate container must be used for each unit of food. Containers will not be provided for you.