

Southside
Church of Christ

Ministering Evangelist
William A. Stephens

800 Elmira Avenue
Durham, NC 27707
919.688.3535

July 2007

Volume 9 Issue 7

Heart-To-Heart

HEART-TO-HEART

Why Do I Do What I Do?

***“Suppose** a farmer has some land, and it’s good fertile land. The land gives the farmer a choice; he may plant in that land whatever he chooses. The land doesn’t care. It’s up to the farmer to make the decision. We’re comparing the human mind with the land because the mind, like the land, doesn’t care what you plant in it. It will return what you plant, but it doesn’t care what you plant. Now, let’s say that the farmer has two seeds in his hand - one is a seed of corn, the other is nightshade, a deadly poison. He digs two little holes in the earth and he plants both seeds - one corn, the other nightshade. He covers up the holes, waters and takes care of the land...and what will happen? Invariably, the land will return what was planted. The Bible does say, **‘As ye sow, so shall ye reap.’** The land will return poison in just as wonderful abundance as it will corn. So up come the two plants - one corn, one poison.”¹*

The human mind is far more productive, and even more complex than the land, but it works in a similar manner. Isn’t it true that men and women struggle so much in their life because of evil and poison seeds they allow to be planted, take root and then grow in their minds?

Many of the circumstances and situations we find ourselves in are created when we allow the **poison seeds** to be planted in our minds. Not only do we allow the poison seeds to be planted, but we fertilize them by our natural response to the temporary pleasures they promise to bring us. When the poison seed grows into a mature plant they block out our ability to see right from wrong and good from bad. So we keep going back, committing the same sins again and again.

Therefore, **Why Do We Do What We Do?** What drives us to know what is right but not do what is right? What is it about us that we allow

those poison seeds be planted and grow in our minds? Three reasons are suggested here:

1. Man’s Sinful Nature

In Romans 5:12 (NIV) the bible says, *Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, because all sinned.* The Fall of Man, the entrance of sin into humanity, changed the future for all mankind forever.” In Genesis chapter three (3), we see that Adam’s sin led to sin being passed to all mankind. Jesus Christ’s death and sacrifice on the cross became our only salvation and our only way back to fellowship with God. (Romans 8:3)

2. The Temptations of This World

The bible tells us that once we are baptized we should not allow sin to reign in our mortal bodies (Romans 2:12), and we should not obey the lustful nature of our body. Romans 7:19-21 (NIV) says, *“For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it **is sin living in me** that does it. So I find this law at work: When I want to do good, evil is right there with me.”* Man is enticed to sin by his own lust, James 1:14-15 says, *“But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.”*

(Continued on page 4)



Brother Otis Gambrell

“You Are God’s Love Bank” - Curriculum Dr. Tony E. Roach, Sr.

Week I	Matthew 25:14-30
Week II	John 4:5-25
Week III	Genesis 1:24-31;2:19-25
Week IV	Luke 19:12-27
Week V	Numbers 13:17-30

New Self-Image Matthew 6:23-33

The image that I am a spirit, I have a soul, and I live in a body, my spirit is the real me, my soul is my personality, and my body is the house the Holy Spirit and I live in on earth; knowing that I am a threefold spiritual being, created in the image of God the Father, God the Son, and God the Holy Spirit .

Chair Person
Kristi Davis

Co-Chair Person
Georgette Washington

Executive Advisory Board

Ricki Y. Fuller
Sherolyn Patterson
William Stephens

Copy & Design

Paulette Brown
Kristi Davis
Denise Jerrido
Sherolyn Patterson
Kentellia Wingate

Marketing & PR

Paulette Brown
Kristi Davis
Karon Johnson
Felecia Leggett
Kimberley McBride
Tanya Moore
Lucera Parker
Sherolyn Patterson
Monique Stallings
Georgette Washington
Kentellia Wingate

Photography

Brenda Branch
Melvin Brown
Michael Davis
Sherolyn Patterson
Elaine Spaulding

Research

Alethea Bell Sherolyn Patterson

Staff Writers

Alethea Bell	Kirtina Jones
Melvin Brown	Kirtisha Jones
Ricki Fuller	Bryan Moss
Kim Fuqua	Kimberley McBride
Otis Gambrell	LaTonya Robinson
Kimberly Hardy	Monique Stallings
Denise Jerrido	

Proofreaders

Rhonda Alcox	Sherolyn Patterson
Yavetta Cole	Lucera Parker
Cassandra Hendricks	Angela Pitts
Amanda Linen	Kenitra Shields
Colette Miles	Deborah Smith
	Georgette Washington

Our Purpose & Mission

The purpose of the Heart-To-Heart Newsletter is to motivate, inform, enhance, uplift and spiritually encourage everyone who reads it.

Our mission is to achieve our responsibility of equipping the saints to do God's work and to build up His church, the body of Christ, until we come to such a unity in our faith and knowledge of God's Son that we will be mature and full grown in the Lord, measuring up to the full stature of Christ (Ephesians 4:12-13).

Praise Be To God. . . Amen.

Content Submission

Southside members, if you are interested in using your God-given talent to support this ministry through writing, drawing, photography, etc. then please speak with any Heart-To-Heart staff member for more information. Content may be submitted to the following e-mail address or any Heart-To-Heart staff member.

Heart-To-Heart

c/o Kristi Davis, or Georgette Washington
heart2heart@southsidecofc.org

Please contact us for a copy of our content guidelines. Only content that adheres to these guidelines will be considered for publishing in this magazine.

Inside this issue:

Daily Bible Reading	3
Putting Your House In Order	4
Ministry Spotlight: Golden Wisdom	5
Whether You Like It Or Not	6
My 911 Experience - Part I	6
Beauty Is Only Skin Deep	7
Southside Business Listing	10



Soul Food Daily Bible Readings[©]

July 2007

New Self-Image - "The image that I am a spirit, I have a soul, and I live in a body, my spirit is the real me, my soul is my personality, and my body is the house the Holy Spirit and I live in on earth; knowing that I am a threefold spiritual being, created in the image of God the Father, God the Son, and God the Holy Spirit." -- Dr. Tony Roach

SUN	MON	TUE	WED	THU	FRI	SAT
1 Matthew 25:14-30 Use your talents to the utmost & glorify God!	2 Luke 12:48 God expects your best. He gave it to you. So give it back to Him top notch.	3 John 3:27 All of who you are & have are gifts from God. You're in Him & He is in you.	4 II Timothy 1:6 The Father, Son & Holy Spirit are in you. Stir Him up through study.	5 I Peter 4:7-11 Love & minister to one another fervently as unto God.	6 I Corinthians 4:7-8 You are already rich in spiritual matters! Know it and live it!	7 Genesis 1:26-27 The bible says You are created in the image of God. Believe it?
8 Acts 17:26-28 Check your ID. Is it in Him?	9 II Corinthians 4:3-4 How is the gospel shining through you; bright or hidden?	10 Ephesians 4:22-24 Let that old stuff go right now!	11 Ephesians 4:25-32 Stop lying, holding grudges, stealing and cussing. Love!	12 Colossians 1:15 Are you in Christ? He Is the image of the invisible God! What does that	13 Colossians 3:8-17 Base everything in your life on Christ & His word.	14 Genesis 2:7 Look at the care and thought God put into your existence
15 Psalm 100 Wait up! Who made you – God or you? Get it straight	16 Psalm 139:14-15 You are truly fearfully & wonderfully made!	17 Isaiah 64:8 Yield your way to the Potter & Father of your life	18 Job 33:4 Who gives you life & essence?	19 John 20:22-23 Wow! That is powerful. Just do it!	20 I Corinthians 15:45-49 You are a living being & a life-giving spirit! Bless someone today	21 Matthew 25:24-30 Know who you are dealing with. But, know yourself first.
22 Romans 8:6-8 If you continue living according to your own understanding, you will die	23 Romans 8:9-11 And, if you live according to the Spirit, you will live and prosper in Christ	24 Romans 8:12-17 Who is your debtor? Or, rather whose heir are you?	25 Romans 8:26-29 Your destiny is to be conformed to the image of Jesus Christ. Hallelujah!	26 Romans 8:30-32 God protects you and already made sure that anything you want in this life is yours	27 Romans 8:33-39 There is no power in the universe able to separate you from God, His love, provision, nor protection	28 I Thessalonians 5:23-24 God is faithful. He is fully sanctifying your spirit, soul and body! Shout!
29 Hebrews 4:12 God's faithfulness is found in His word, the bible. Study it!	30 I Corinthians 1:8-9; Philippians 1:6; Jude 1:24 Look at how important you are to Him. Live it!	31 Matthew 24:35 For you He will perform His promises because of your love for Christ				

“Putting Your House in Order!”

A Check List To Leave With Your Will

By Brother Moses Bethea, Jr., Deacon

One of the most valuable gifts you can leave to your heirs is a well-organized estate and accurate records of your important personal data. The form that follows is intended to provide an organized structure for you to record important personal data. Your heirs will thank you for completing this information — do it now!

Personal and Financial Records

Personal History

1. Your full legal name:
2. Your address:
3. Your telephone number:
4. Your state of domicile and date of domicile:
5. Your home of record:
6. Your date of birth:
7. Your place of birth:
8. Your Social Security number:
9. The country of your citizenship, if other than the United States:
10. Your marital status: (single, married, divorced, separated, widowed):
11. Your spouse's full legal name (including maiden name):
12. Your spouse's address:
13. Your spouse's Social Security number:
14. Your spouse's date of birth:
15. Your spouse's place of birth:
16. Date of marriage:
17. Former spouse(s) full legal names (including maiden name(s)), if applicable:
18. Former spouse(s) address:
19. Date of marriage to former

spouse(s):

20. Date of divorce from former spouse(s) and name of court granting the divorce:
21. Your children's full legal names (including maiden names):
22. Your children's addresses and telephone numbers:
23. Your children's date of birth:
24. Your father's full legal name:
25. Your mother's full legal name (including maiden name):
26. Your grandchildren's full legal names (including maiden names):

Military Service

1. Your branch of service:
2. Your dates of service:
3. Your rank:
4. Your service number:
5. Date of discharge:
6. Type of discharge:
7. Your service-connected disabilities (%):
8. Your pension and retirement information is located:

Employment

1. Your present employer:
2. Your present work address:
3. Your present work telephone number:
4. Your date of employment:
5. Your position:
6. Your employment benefits (life insurance plans, stock options, pension plans, profit-sharing plans) (Include contact information for each):

Real Estate

1. Address of real estate currently owned:
2. How the real estate is owned (sole owner, jointly)
3. If property is owned jointly, names and addresses of other owners:
4. Real estate purchase price:
5. Date real estate purchased:
6. Current tax assessment value:
7. Mortgage or deed of trust held by:
8. Current loan amount:
9. Location of deeds, deeds of trust, title insurance, title abstracts:
10. If real estate is leased, provide name, address, and telephone number of lessee and location of lease



Financial Accounts

1. Name of bank or financial institution:
2. Account number(s):
3. Type of account (checking, savings, certificate of deposit, money market, Individual Retirement Account):
4. Current balance:
5. Name of owner of account (Provide all joint owners' names and addresses):

(Continued on page 5)

(Why Do I Do What I Do?, Continued from page 1)

3. Lack of Study of God's Principles

Many Christians today do not study God's word. In order to fight off the temptations of the Devil and to put on the whole armour of God, we must study God's words on a daily basis. To keep ourselves unspotted from the world and do what God would have us to do, we must know what He is saying

to us in His word.

In conclusion, our mind does not care whether a seed of "corn" or a "poison seed" is planted. The mind allows whatever is planted to be planted. But we have the power as God's children to choose what grows and matures in us and what we respond to. The old nature is not "eradicated" in this life. That is why we continue to commit personal sin (1

John 1:8). It's also why we continue to ask "Why Do I Do What I DO." Let us not allow the sin in our life to interrupt the joy of our relationship with God

Brother Otis Gambrel, Elder

¹ (Excerpt from an article by Earl Nightingale-*The Strangest Secret*- April, 2007 - <http://susanvlz.blogspot.com/>)

(Continued from page 4)

Stocks and Bonds

1. Investment broker name, address, and telephone number:
2. Type of asset (stocks, bonds, mutual fund):
3. Account number, certificate number or serial number:
4. Purchase price:
5. Current value:
6. Maturity date, if applicable:
7. Location of certificates or bonds:
8. Name of owner of accounts or certificates (Provide all joint owners' names and addresses):

Automobiles

1. Make, model, and year:
2. Location of title:
3. Loan amount:
4. Name of holder of loan and address:
5. Name of owner (Provide all joint owners' names and addresses):

Business Interests

1. Type of business (sole proprietorship, partnership, limited liability company, corporation):
2. Type and amount of ownership (sole owner, shares, membership interest):
3. Estimated value of business or share of ownership interest:
4. Name, address, and telephone number of business contacts (CPA, attorney, manager, president):

Titled Assets

1. Description of asset (boats, RVs, trailers, etc.):
2. Location of asset:
3. Location of title to asset:
4. Purchase price of asset:
5. Current value of asset:
6. Name of owner (Provide all joint

owners' names and addresses):

Safe-Deposit Boxes

1. Location of safe-deposit box:
2. Location of key:
3. Names and addresses of individuals with signature access to box:

Insurance Policies

1. Type of policy (life, health, disability, automobile, homeowners, renters):
2. Policy number:
3. Name, address, and telephone number of insurance agent:
4. Amount of coverage:
5. Location of insurance policy:

Funeral/Burial Instructions

1. Instructions for burial or cremation:
2. Cemetery name and address and lot numbers, if applicable:
3. Location of deed to cemetery lot, if applicable:
4. Name and address of memorial gifts, if applicable:
5. Special wishes for ceremony:
6. Provide a copy of any prepaid funeral policy, if applicable.

Tax Returns

1. Location of filed tax returns:
2. Name, address, and telephone number of individual or company who prepared tax returns:

Will

1. Location of original will and any codicils:
2. Date of will and any codicils:
3. Name, address, and telephone number of attorney who prepared will:
4. Name, address, and telephone

number of executor/executrix:

Trusts

1. Location of any trusts:
2. Date of trust:
3. Name, address, and telephone number of attorney who prepared trust:
4. Name, address, and telephone number of trustees:

Financial Power of Attorney

1. Name of agent:
2. Address and telephone number of attorney-in-fact (agent):
3. Location of original power of attorney:

Medical Power of Attorney

1. Name of agent:
2. Address and telephone number of agent:
3. Location of power of attorney:

Living Will

1. Location of living will:

Additional Contacts

1. Attorney name, address, and telephone number:
2. Accountant name, address, and telephone number:
3. Doctor name, address, and telephone number:

Important Personal Friends

1. The following individuals should be notified of my death:

The information contained in this article is provided in the spirit of public education. This information is not, nor is it intended to be legal advice. For any questions or concerns you may have regarding any legal issues, please call your Attorney.



By Tom Underwood

wear
long

shun shun
shun shun
shun GOOD shun
shun shun
shun shun

~~LAST~~



	hound	<u>Jan Feb Mar</u> Do	ISM	Job IM Job
	Greyhound	Three Months Overdue	Capitalism	I'm Between Jobs

"WHETHER YOU LIKE IT OR NOT..."

By Sister Kim Fuqua

Most parents of school age children at one time or another have heard this complaint, "I don't like school, I don't want to go today". Or perhaps this may sound familiar at dinnertime, "Do I have to eat my peas? I don't like peas". As parents we understand the complaints (and may even have had some of the same sentiments ourselves), but we also realize that a dislike for a particular food or activity is not necessarily a good reason to excuse our children from eating their vegetables or performing the activity that is required. In fact, as adults, we've come to realize that there are many duties and responsibilities that we MUST follow through on - whether we like it or not.



Sister Kim Fuqua, Professional Fitness Trainer
Photo by Melvin Brown, SSCOC Living Word Media Ministry

Sister Kim Fuqua

- D. Constantly overeating is a form of suicide and is sinful - Proverbs 23:2
- E. The Bible commands that we present our bodies as a "living sacrifice, holy [and] acceptable to God" - Romans 12:1

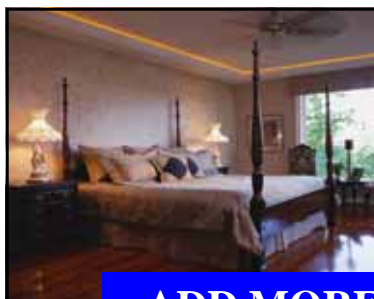
Brothers and Sisters, I urge you to look at your lifestyle and that of your family. Does it meet the criteria God has set for how we should treat the body he gave us? We only have one body and one life that we must present to Him as an acceptable sacrifice. **And whether WE like it or not, GOD will ONLY accept our BEST.**

Exercising our bodies and minds consistently and consuming healthy foods (in healthy portion sizes) to fuel our bodies and minds properly are two of those "must do's" that most of us SHOULD DO whether we like it or not. I am so thankful that God's word IS TRUE and it provides everything we need to focus on to help improve and maintain our health through "new" self-discipline.

Keep the following in mind as you work towards your health and fitness goals:

Whether you like it or not...

- A. God created us "in [His] image" and our bodies are His temples and should be used to glorify God - Genesis 1:27; I Corinthians 6:19-20
- B. God clearly outlined what man's main source of nourishment should be immediately after creating us - Genesis 1:29
- C. God told us that we must be active - Genesis 2:15



ADD MORE OF THESE



"My 911 experience: Part I"

By Sister Monique Stallings

"Do you speak Greek?" he replied. "Aren't you the Egyptian who started a revolt and led four thousand terrorists out into the desert some time ago?" Acts 21:38

My morning started like any other with the regular hustle and bustle in New York City. I was blessed with a great job at a telecom company

located in lower Manhattan on Water Street. This 35-story building was no more than 10 years old with great views out of every large window facing four sides of the building, including the World Trade Center, which had 100+ floors in each building. Two of the tallest buildings built in New York since my

arrival in 1964 were well known for office space, "Windows of the World" restaurant and all the retail shops in the underground section of the building, which was connected to the subway station. We had a few bomb threats and fires in each building, but never at the same

(Continued on page 7)

"BEAUTY IS ONLY SKIN DEEP"

By Sister LaTonya Robinson

The knowledge that I am a spirit, I have a soul, and I live in a body. My spirit is the real me, my soul is my personality, and my body is the house the real me lives in on earth; knowing that I am a threefold spiritual being and not merely a human being which gives me a new self image of myself.

The famous group the Temptations made this statement very popular in song. Some of my favorite lyrics are: "Now good looks I've learned to do without cause now I know it's love that really counts"; "A pretty face may be some guy's taste, but I'll take lovin' in its place"; "and now, friends ask what do I see in you but it goes deeper than the eye can view"; "You have a pleasing personality and that's an ever lovin' rare quality".

The writer of this song definitely has a value system close to Gods. Today our society focuses a lot on outer appearance. However, God focuses on the whole man.

We are made in the most perfect image of God. We are spirit, we are soul and we are body.

It has been my experience that my outer appearance has produced certain relationships, friendships and even career benefits. However, my soul and spirit in some cases have closed many doors. I at one time was only attentive to the house that my spirit and soul was in. Even though beauty created wanted attention (my drug of choice), I was often empty inside. This is because I was starving my soul and spirit. I came to find out that the reality of life is there is always going to be someone prettier and finer. One day I went from being the big fish in the small pond to being the small fish in the big



pond. What an eye opening experience.

As my soul starved and my spirit began to cry out to God, it was only then that I realized how truly unfulfilled I was. I began to understand that with all the beauty I thought I possessed, I was really far from God. Which simply made me unattractive. Just as the God Head has 3 personalities and is a 3 fold being, so am I. If there were no God, where would my provision be? If there were no Jesus, where would my deliverance be? If there were no Holy Spirit, where would my comfort be? I need all three. God knows my heart and He gave me the gift of His spirit. It is where He produces peace, comfort, and confidence. My soul benefits from my spirit because joy is created.

Redemption is now my banner of beauty.

Don't just take care of the outer only. Beauty is fading. However, God judges the heart. Inner beauty outshines outer beauty any day. Now when I allow the spirit of God to shine through; my soul prospers.

Now my beauty is in a direct correlation with my relationship with Christ. My friendships are spirit led. My soul rejoices that I now radiate from within.

Don't get caught up with society view of beauty. Just like the writer of the song states, God see you deeper than any eye can view. God's loving eyes are the only ones that matter.

Live in the image in which you were created and that is to be whole. Not only focusing on the complete you only produces emptiness.

Sister LaToyna Robinson

(My 911 Experience—Part I, Continued from page 6)

time.

Anyway, this particular morning, I was finishing up my usual commute to Water Street or sometimes I would get off at Cortlandt St., which was under the World Trade Center. For some reason this day I got off at Water Street. I walked up 20 steps, which I included in my morning cardio, as I walked a few blocks to my local station and took my 45-minute train ride "downtown". As I was coming out of the subway station, people were acting nervous, as the first plane had already crashed into one of the World Trade

Center buildings.

I asked passerby's what had happened and they replied that a 747 plane had hit one of the World Trade Center buildings. My first instinct was to look up, as you often had to do that close to the buildings. I saw some smoke in the distance, but I continued my journey into my office building and took the elevator up to the 29th floor. I was wondering the whole time what occurred to make a pilot fly into the World Trade Center. My first thought was that it had to be a serious flight plan error. As I am walking through the hallways from the elevator back to my cubicle, everyone was going on about

the plane that hit the building. Being the natural skeptic, I didn't believe it until I saw it through my office window. *By faith Noah, when warned about things not yet seen, in holy fear built an ark to save his family. By his faith he condemned the world and became heir of the righteousness that comes by faith. Heb 11:7.* A huge 747 jet had run dead center into the building. The remaining visual sight was the half of the plane still sticking out. The front half was engulfed in flames inside the building. (To be continued next month)

Sister Monique Stallings

Quality Education Institute of Durham

SEVENTH ANNUAL GOLF TOURNAMENT

FRIDAY, AUGUST 24, 2007

REGISTER TODAY

Entry Fee Includes:

- Green Fee & Cart
- Buffet Dinner
- Gift Bag



**Registration
Fee \$85.00**

Check-In

10:30 - 11:30

Warm-up

11:30 - 12:45

Tee Time

1:00

OTHER CONTEST PRIZES



- Closest to the Pin
- Longest Drive
- Straightest Drive



You may sign-up or donate on-line at www.qeidurham.org

SPONSORSHIPS

- Title Sponsor: \$5,000
- Platinum Sponsor: \$1,000
- Gold Sponsor: \$500
- Silver Sponsor: \$300
- Bronze Sponsor/Gift Sponsor: \$200



**HOSTED BY
WILLOWHAVEN COUNTRY CLUB**

Proceeds To Benefit
**QUALITY EDUCATION INSTITUTE
OF DURHAM**

800 Elmira Avenue • Durham, NC 27707 • Phone: 919-680-6544 • Fax: 919-688-1795
Email: golf@qeidurham.org • Website: www.qeidurham.org



Krisher
Publishing

"Providing You With Innovative Business and Printing Solutions"

"Our mission is to make your buying experience so exceptional and pleasurable that you will refer us to your family, friends and business associates."

Krisher Publishing provides a full line of social and commercially printed products that are creative solutions for all of your printing needs. We specialize in quality selections, exclusive designs, custom personalization and fast dependable service.

We also bring you high-quality, full color products at astonishingly reasonable prices. As an added plus, our low quantities allow you to update your pieces frequently to accommodate changing prices and services or to update images to fit the times and the trends. You can even target specific customers. And all in stunning full color!



WE DELIVER NATIONWIDE

Visit us on the web at
www.krisherpublishing.com
Custom print jobs available! Contact us today!

Contact Kristi Davis or Sherolyn Patterson
info@krisherpublishing.com



Southside Business Listing

ACCOUNTING

K1's Accounting Services
Kinta Dixon, Proprietor
Phone: 919.602.4286
E-mail: k1sacct@hotmail.com

AUTOMOTIVE

Colour Paint and Car Care
Commercial and Residential
Graylin Fuller, Sr.
919.218.5317
graylimo@aol.com

Anderson Automotive Group
Samuel Page, Car Sales
Cell: 919.824.3391

BARBER

Piano Cuts
2695 Durham Chapel Hill Blvd,
Durham, 27707 - (919) 493-1784
Near Shrimp Boat and Pao Lim
Barber Stylist: Tim Farrington

Thorpe's Barber Shop
Phoenix Square
902 Fayetteville Street
Durham, NC
Shop: 919.683.5534
Cell: 919.491.6865

Tim's Barber Shop
1725 Carpenter Fletcher Rd.
Suite 105
Durham, NC 27713
For Appointments call
(919) 308-3512

CHRISTIAN APPAREL

Faith Gear, LLC
Giovanni & Dawn Bass
Crabtree Valley Mall
Raleigh, NC

CHRISTIAN BIBLE STORY CD'S

Listen First Creations
Cynthia Holland at 919-598-9886
Monique Feast at 919-528-7383
Kim Wright at 919-598-0151
Website: www.weelisten2Him.com

CLEANING SERVICES

Mo's Cleaning Service
817 Elmira Avenue, Durham
Contact: Monique Stallings
919.765.9329, 919.949.4875 cell
morealus@yahoo.com

COMPUTER

Dex's Computers
Contact: Dexter Williams
Phone: 919.423.7436
Fax: 919.882.9285
dexcomputers@yahoo.com

CONSULTING

Williams² Consulting, LLC
Joe L. Williams, Jr., MA
Phone: 919.321.1882
Cell: 919.225.3009
Email: joewilliams62@earthlink.net

DESIGN

Holland Design Studio
Phone: 919.598.9886
Contact: David Holland

DETAILING

Colour Paint and Car Care
Graylin Fuller Sr.
919.697.0933
Graylimo@aol.com

ENTERTAINMENT

Singing For All Occasions
Candice L. Mayfield, Singer
919.682.9275

FINANCIAL

N.C. Investment Advisory
Harold T. Shields, Jr.
Investment Advisor
PO Box 12134, RTP, NC
919.491.9203 · www.theNCIA.com

Money Makers Investment Club
Harold T. Shields, Jr.
Investment Advisor
PO Box 12134, RTP, NC
919.491.9203
www.theNCIA.com

FLORAL

Harves Floral Design
Harvestine Mobley
Phone: 919.676.6626
Hrmobley@nc.rr.com

HAIR CARE

Sistas Place
Kenitra Shields
866.544.3551 · 919.321.6926
www.sistasplace.biz

HEALTH

Sandra Dawson
BLS/CTR, 919-490-6789
dawso010@mc.duke.edu

HOME INSPECTIONS

Safeguard Inspection Services, Inc.
David Holland
NC Licensed Home Inspector
919.598.9886 · 919.824.0715

IDENTITY THEFT PROTECTION SERVICES

Moses Bethea, Jr.
Independent Associate
Certified Identity Theft Risk
Management Specialist
Pre-Paid Legal Services, Inc.
Cell: 919-475-4088
Sizzle call: 919-786-3600
www.prepaidlegal.com/hub/
mbetheajr

INSURANCE

PayLess Insurance
Heather Ascott-King
4003 Fayetteville Road, Durham, NC
Phone: 919.313.1781

Nationwide Insurance
Heather Ascott-King
Frank Ascott Agency
5920 South Miami Blvd, RTP, NC
Ph: 919.313.1781

Nationwide Insurance
LaTonya Robinson
Tonya Marsh Dawson Agency
6815-202 Fayetteville Road
Durham, NC
Ph: 919.806.5109

LANDSCAPING

Green Thumb
Abram Dawson
919.490.6789

LEGAL SERVICES

Pre-Paid Legal Services, Inc.
Ed & Mitzi Flagler
Independent Associates
919.957.3922; Office: 919.201.9564
www.prepaidlegal.com/idt/mflagler

NOVELTY ITEMS

Pomegranate Products
Georgette Washington, 919.596.3732
gigiwashington@yahoo.com

PHOTOGRAPHY

BJ Photography, Brenda Branch
919.544.2132, 919.616.7358

MeltechPhoto, Melvin Brown
www.meltechfoto.com

Southside Business Listing

PHYSICAL FITNESS

CJ's Boxing Aerobics
Fitness Trainer
919-688-0276 • 919-403-5600

Fit 4 U Fitness Training
Anthony L. Cooley
Professional Fitness Trainer
1309 Hudson Avenue, Suite E-12
Durham, NC · Ph: 919.638.4503
Fit4ufitnesstraining@yahoo.com

Fuqua Fitness
Kim Fuqua, President/CEO
Ph: 919.544.9259
Fax: 919.321.1388
Email: fuquafitness@nc.rr.com

PRINTING

Krisher Publishing
*(Printing for Business, Family,
Wedding, Graduation, Funeral)*
Kristi Davis - 919.368.5910
Sherolyn Patterson - 919.451.7769
www.krisherpublishing.com

PSYCHO-SPIRITUAL COUNSELING

The Fuller Institute
PO Box 11673 · Durham, NC 27703
Ricki Y. Fuller
Phone: 919.687.0836
rickitata2@aol.com

REAL ESTATE

Grant Realty
James Grant · 919.599.6171

Carolina Realty
Sterling Hicks
1815 Kildaire Farm Rd. Cary, NC
Office: 919.582.2020
Cell: 919.791.8665

William A. Stephens
919.599.7002 · wsteph227@aol.com

SKIN CARE

Avon - Beauty Is Skin Deep
Rosalind Ballard, Phone: 919.801.0025
businessmom2002@hotmail.com

Mary Kay Cosmetics
Gabrielle L. Harris
Beauty Consultant
919.949.4831 (mobile)
www.marykay.com/
gabrielleharris22

Shea Butter and Black Soap
Georgette Washington
919.596.3732
gigiwashington@yahoo.com

Warm Spirits Products
Deidra Cloud · 919.358.2249
Deidrasmixedservices@yahoo.com

TUTORING

F.Y.E. - For Your Education
By Appointment Only
Tuvara King:
All subjects grades 1-7
Phone: 919.824.1884
Anita Harvin:
Math up to Algebra 2
Phone: 919.497.9257

WELLNESS

Broader Concepts
Sandra Sam
919.943.9403
sandra@broaderconcepts.net
www.broaderconcepts.net

YARD MAINTENANCE

S.R.E. & Associates
Stanley Ballard
Phone: 919.801.1550
Helping Hands
Luther Williams
Phone: 919.672.1200

**SOUTHSIDE
MEMBERS!
LIST YOUR
BUSINESS IN
THIS SECTION
FOR FREE!**



Living as Citizens of Heaven
in 2007
Ephesians 2:4-7, 19

Southside Church of Christ
c/o Heart-To-Heart
800 Elmira Avenue
Durham, NC 27707